



Contest Rules

1. Each Contestant must be registered with The T-Bone Morning Show and have a waiver signed and returned to The T-Bone Morning Show.
2. Each Contestant must be willing to lose weight during the time period of "T-Bone's Biggest Loser Competition". Contestants who have not lost weight within three weeks of the competition will be removed from the competition.
3. Each Contestant must be willing and able to come into the studio for a weigh-in every Wednesday morning between 7a – 10a during the time of the actual competition starting March 15 and ending May 14. There will be some circumstances that will result in contestants to miss a week or two of weigh-ins. After the third week of missing a weigh-in, the contestant will be removed from the competition.
4. If a contestant misses a week's weigh-in, that contestant will not be eligible for that weeks prize for weight loss.

By signing this agreement to participate in "T-Bone's Biggest Loser Competition", you agree to comply with the rules and regulations stated above. By signing this agreement you waive "The T-Bone Morning Show", "WHCO Radio", and "Southern Illinois Radio Group" of any liability in coordination with "T-Bone's Biggest Loser Competition".

Contestant Signature _____